

What is Earthy Treasures?

Earthy Treasures is a subsidiary of Skyline Center, Inc. of Clinton, IA and is a grower of local plants, vegetables, herbs, and microgreens. Skyline Center exists to provide individuals with employment and living opportunities. Through these opportunities, integration, inclusion, and independence are realized.



How we can serve you?

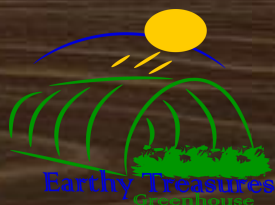
- ⇒ Are you a restaurant looking to add color and flavor to your meals?
- ⇒ Want to blow patrons away with your culinary works of art?
- ⇒ Are you a retail establishment looking to provide specialty produce to your customers?
- ⇒ We can meet your needs with quality grown microgreens to add a unique product to your dishes or store!
- ⇒ We can grow what you need when you need it!
- ⇒ We have many packaging options available to meet your needs and the needs of your customers!

Earthy Treasures
2600 N. 4th Street
Clinton, IA 52732

Phone: 563-243-4065

E-mail: earthytreasures@skylinecenter.org

WHAT ARE MICROGREENS?



Skyline Center, Inc.
Inclusion, Integration, Independence

What are microgreens?

Microgreens are tender immature greens produced from the seeds of vegetables and herbs. They are usually 1-3 in. in height and are harvested 7-14 days after germination, depending on the species.

Assessment of Vitamin and Carotenoid Concentrations of Emerging Food Products: Edible Microgreens
Zhenlei Xiao, Gene E. Lester, Yaguang Luo, and Qin Wang
Journal of Agricultural and Food Chemistry 2012 60 (31), 7644-7651
DOI: 10.1021/jf300459b

Benefits and Uses

While very little scientific testing has been done on microgreens, many attest to the benefits of the plants. The plants may be good for your skin, eyes, and overall health. In some cases, they have benefited cancer and dementia patients. While there is no guarantee it will aid in these areas, adding them to your diet is a healthy choice.

Some microgreens may contain 40 times more nutrients than mature plants. The nutrients are compacted into the mini plants.

Uses include snacking, adding flavor and color to your salads, and being used as a garnish on sandwiches and burgers.



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| ◆ Amaranth | ◆ Mustard (Wasabi) |
| ◆ Basil | ◆ Oregano |
| ◆ Beet | ◆ Pea |
| ◆ Broccoli | ◆ Radish |
| ◆ Brussels Sprouts | ◆ Sorrel |
| ◆ Buckwheat | ◆ Sunflower |
| ◆ Cabbage | ◆ Swiss Chard |
| ◆ Cilantro | ◆ Wheatgrass |
| ◆ Kale | ◆ Basic Salad Mix |
| ◆ Kohlrabi | ◆ Spicy Salad Mix |
| ◆ Mustard (Tatsoi) | |